

SALSOMAGGIORE
TERME



HOW TO REACH

Salsomaggiore Terme

Distances: Salsomaggiore is only 32 km from Parma, 40 km from Piacenza, 115 km from Milan, 122 km from Bologna.

By car: you can reach Salsomaggiore by following the Parma-Piacenza segment of the 'Via Emilia'. From the A1 highway, Fidenza exit. From the A15 Parma-La Spezia highway, Fidenza exit (direction of Milan).

By bus: from anywhere in the Province of Parma by using the TEP suburban line.

By train: Salsomaggiore is connected to nearby Fidenza by a shuttle train, which will give you a beautiful view of our hills. Fidenza is located on the Milan-Bologna 'Trenitalia' railway, with dozens of fast-speed connections every day.

By plane: Parma "G. Verdi" airport connects Salsomaggiore to London, Paris, Cagliari, Palermo.





COME TO SALSOMAGGIORE

Your haven of relaxation, beauty and wellness
is closer than you think

Long-renowned for the extraordinary healing powers of its waters, as well as for the unique charm of the landscape and the hotel facilities, Salsomaggiore Terme is today a magical and lively place where, fully immersed in nature, you will live an experience in the spirit of relaxation and wellness.

The City of 'Art Nouveau' is only an hour's drive from Milan and Bologna, located on the beautiful hills between Parma and Piacenza. It can be easily reached by car through the highway or by train. A stone's throw from all artistic, cultural and culinary resources of the Province of Parma.

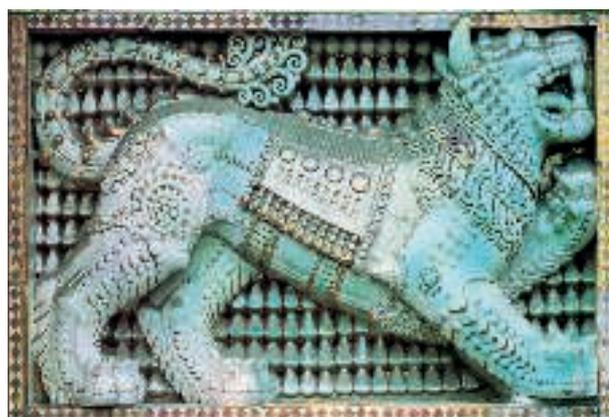
Come and discover a place where art and beauty perfectly blend with modern and dynamic ways of having fun and practicing sports.



**Harmony of forms
and light-play
that leaves you speechless**

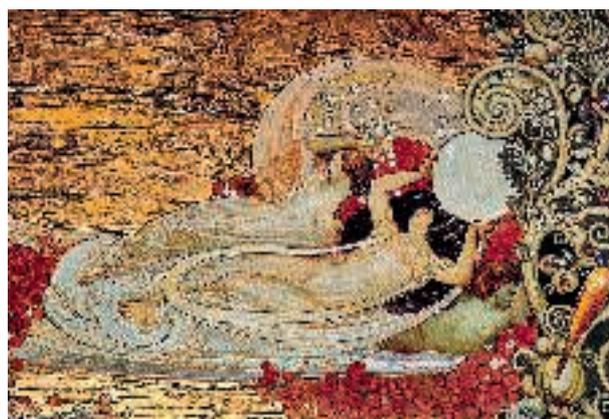
Salsomaggiore Terme is known all over Europe as the city of 'Art Nouveau'. Walking around the streets of the city, you can still get a feeling of such extraordinary time. Thanks to masters such as Galileo Chini or Giuseppe Moroni, that age has left its mark in the architectural landscape, the colors and the suggestions of the city.

The Berzieri thermal spa is the symbol of the city, a true art deco monument decorated with marbles, porcelain, stained glass and allegorical frescoes. Inaugurated in 1923, the thermal spa is a unique work of architecture, a harmony of forms and light-play that enchants the visitor and leaves everyone speechless.





IN THE CITY
OF ART NOUVEAU
BEAUTY ALWAYS ON THE SPOTLIGHT





The charm, the emotions and the colors of the 'Belle Époque'

Thanks to the special characteristics of our land, the waters of Salsomaggiore Terme are rich in minerals, including valuable elements such as bromine and iodine. They are valuable not only for your body healthy, but also to revamp and brighten your beauty in a completely natural way.

Experience a new dimension of wellness. Enjoy the pleasure of regenerating your body and mind in the enchantment of a city that has preserved the emotions and colors of the 'Belle Époque'. Visit the beautiful setting of the Berzieri thermal spa, now brought back to its original splendor, and try the exclusive Wellness Center.





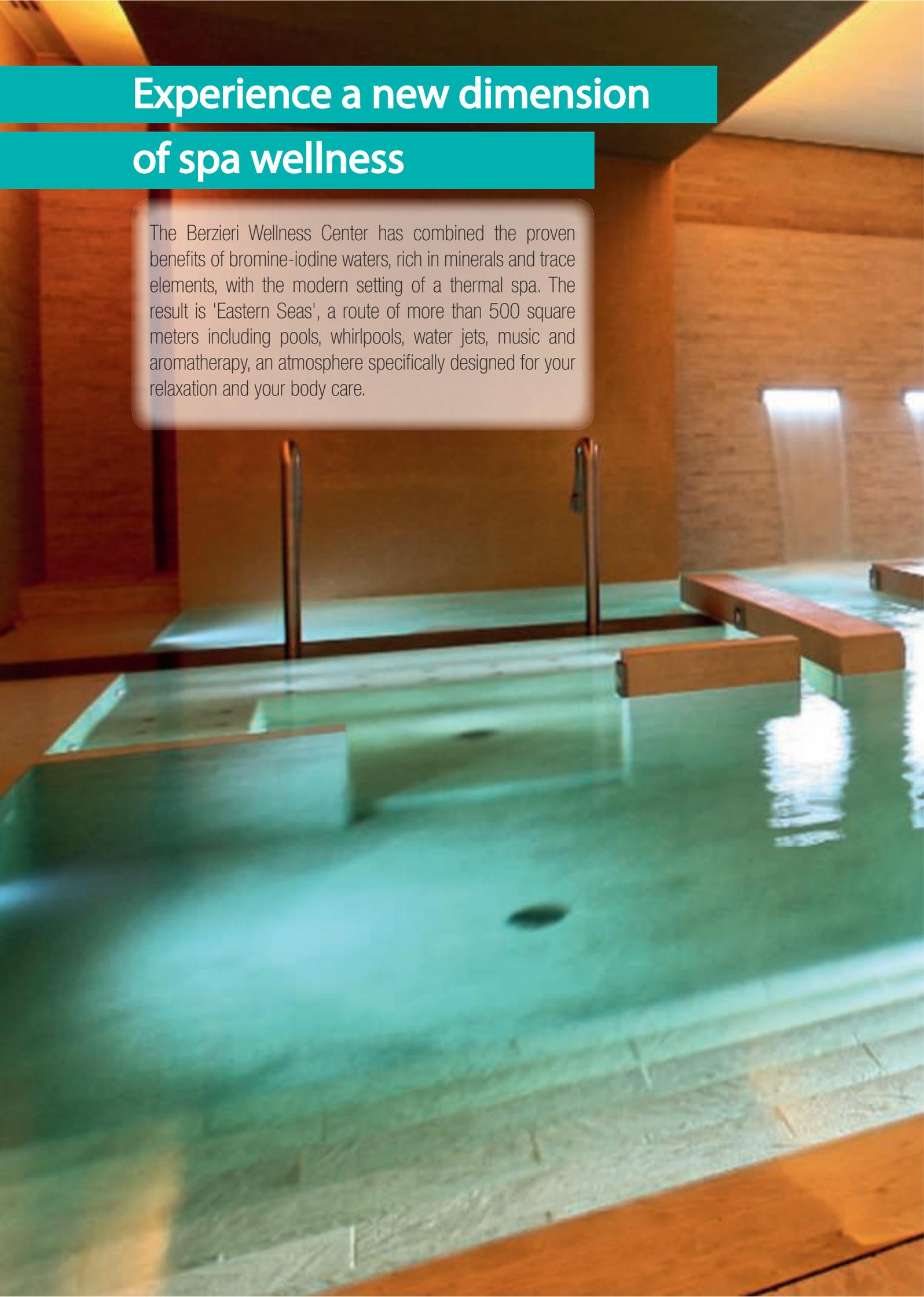
Among ceramics, stained glass and wonderful art deco frescoes, let yourself be taken on a magical journey of the senses that winds through water, massage and scented oils, pools and relaxation areas specifically designed for the care of your body.



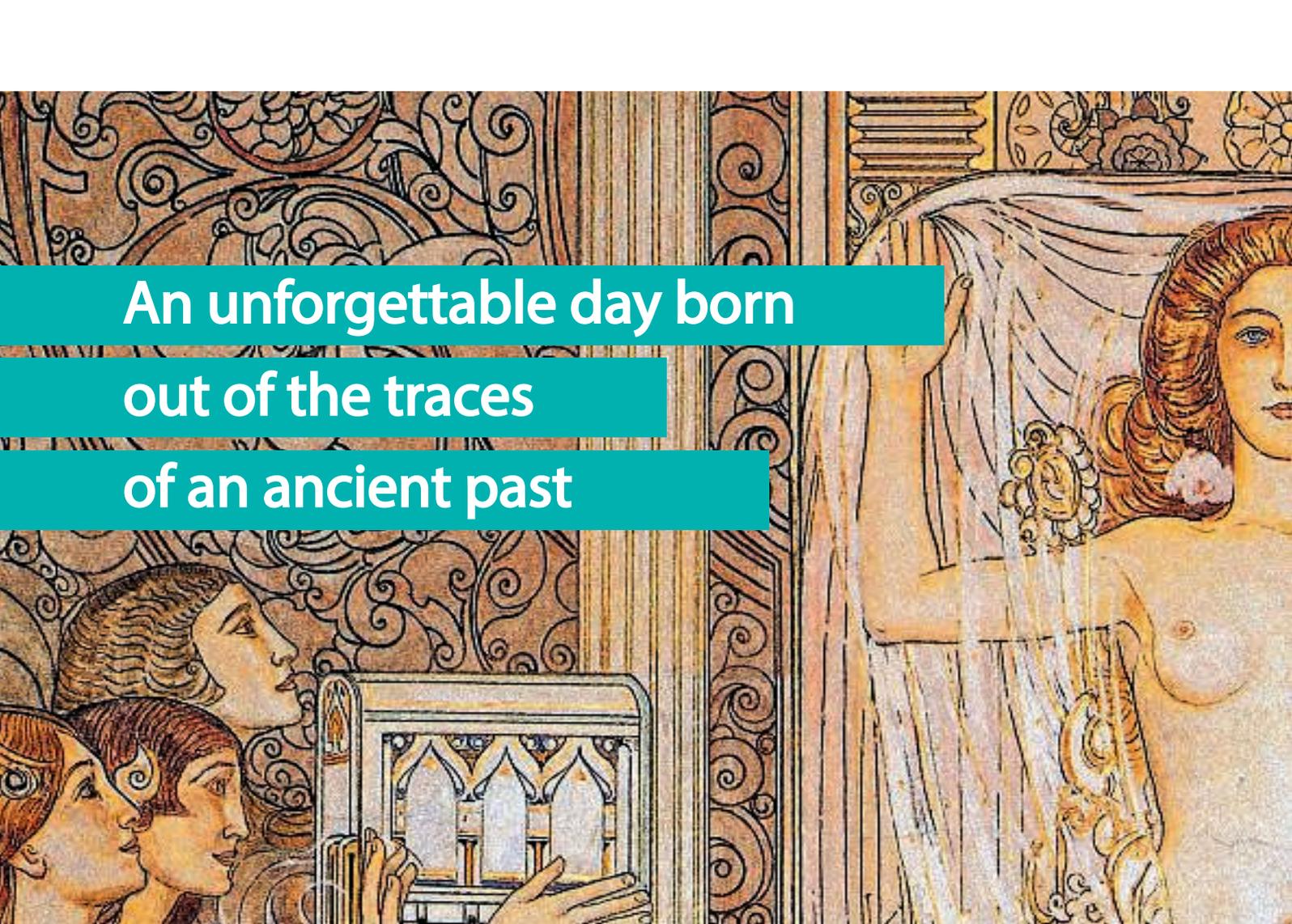
A few minutes away from Salsomaggiore is Tabiano Terme, site of the modern Respighi thermal spa which is particularly suited for people suffering from respiratory problems.

Experience a new dimension of spa wellness

The Berzieri Wellness Center has combined the proven benefits of bromine-iodine waters, rich in minerals and trace elements, with the modern setting of a thermal spa. The result is 'Eastern Seas', a route of more than 500 square meters including pools, whirlpools, water jets, music and aromatherapy, an atmosphere specifically designed for your relaxation and your body care.







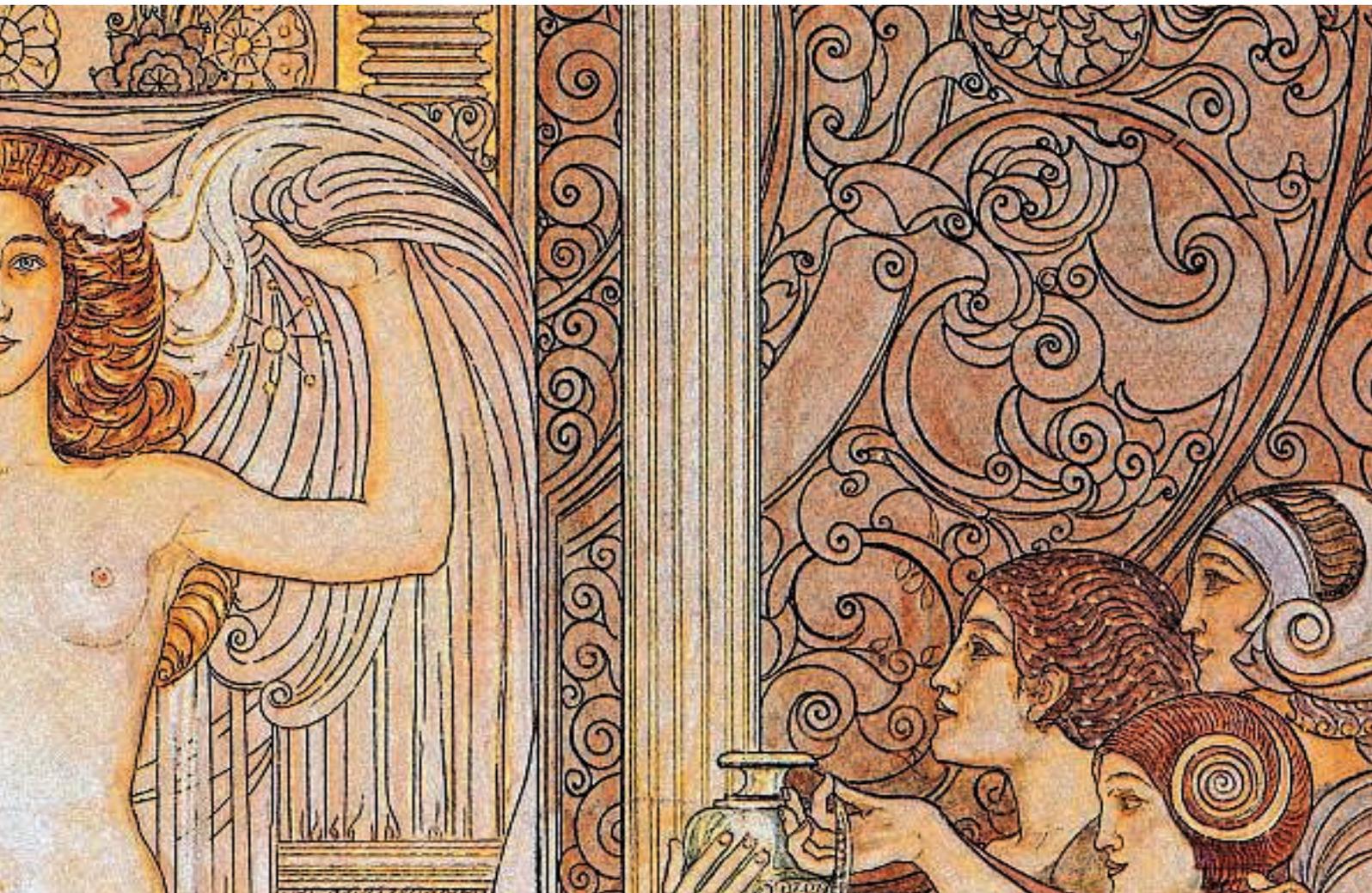
An unforgettable day born out of the traces of an ancient past

Tens of thousands of years ago, between the Apennines and the Po valley lay an ancient sea whose waters rich in precious minerals remained trapped in the depths of our land. Today these waters offer us a unique wellness experience.

In 1834, doctor Lorenzo Berzieri discovers the healing properties of bromine-iodine waters. This event marks the beginning of the golden age of the city, which will become in a very short time the favorite destination for intellectuals, artists and prestigious figures of the early 20th century from all over Europe, and will turn into a prestigious 'ville d'eau'.

The unique characteristics of our thermal waters, which are essential to wellness and health, are still medically recognized today, and they are appreciated by the thousands of people that come here every year to regenerate their body and mind.





ALL THE CHARM
AND THE MAGIC
OF SALSOMAGGIORE
THERMAL SPA



A pristine landscape for a holiday of sport and relaxation



If you love outdoor life, if you enjoy sports and fitness, let yourself be surprised by a vibrant and dynamic city that never sleeps. Salsomaggiore is the right place for those seeking a holiday in the spirit of wellness and relaxation, all without having to give up on body care and fitness thanks to a number of certified facilities and equipped routes.

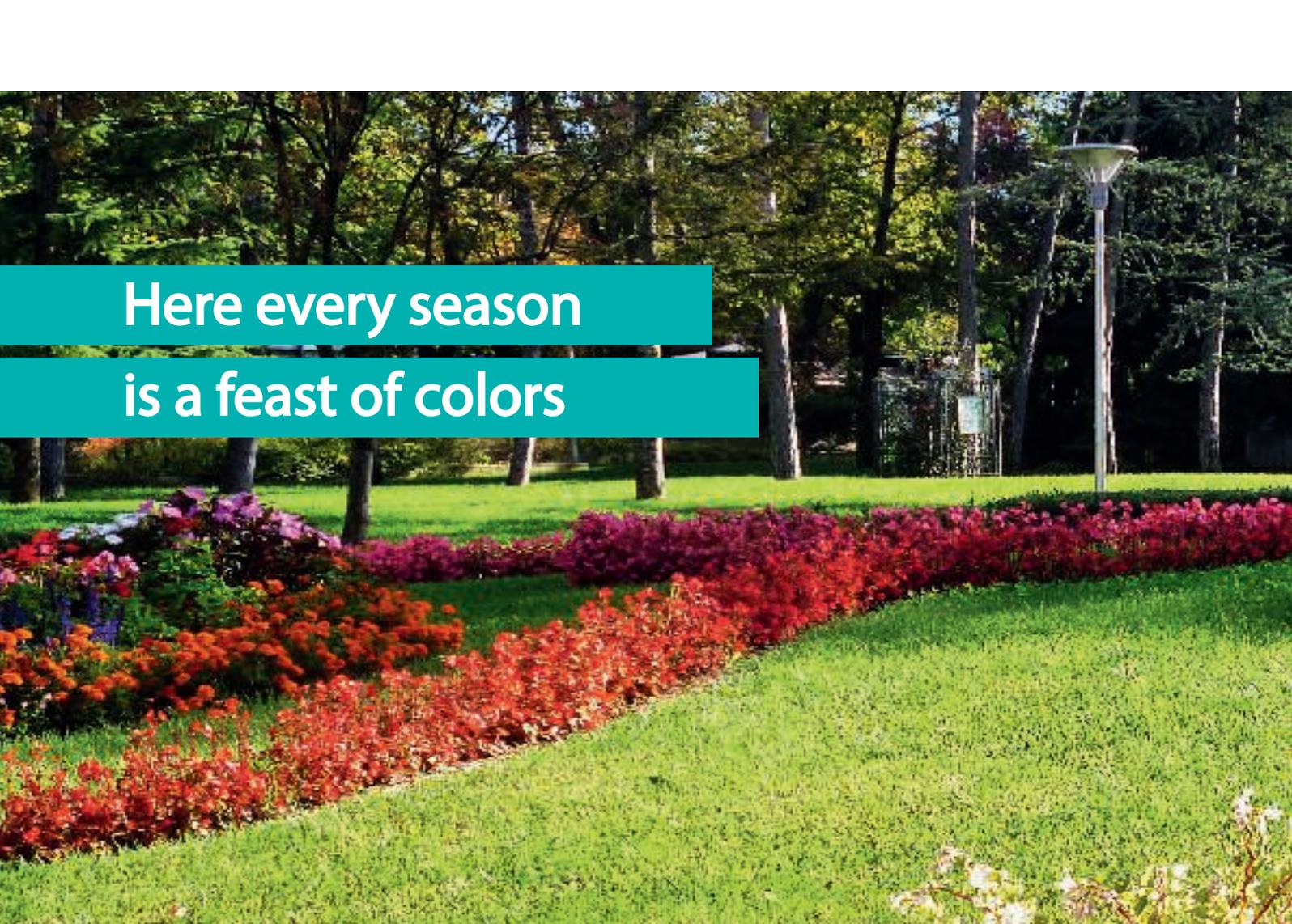
The pools are open throughout the summer, also in the evening. There is also a special spa pool open all year round. Moreover, there are tennis courts and golf courses nicely blending in the surrounding natural environment, walking or mountain bike trails and fascinating horseback riding opportunities.





A VIBRANT AND
DYNAMIC CITY
THAT NEVER SLEEPS





Here every season
is a feast of colors

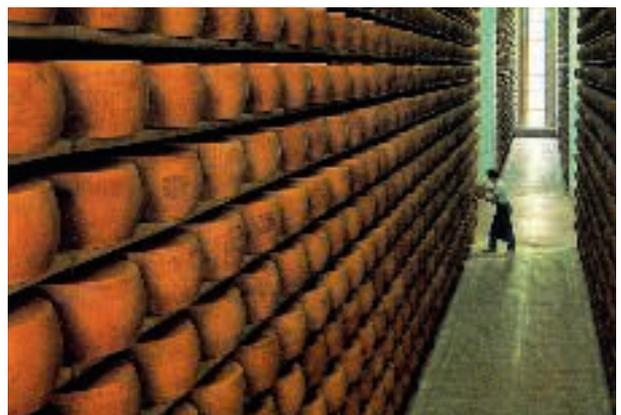
Salsomaggiore Terme is a small gem set in the beautiful green hills of the Emilia region, where you can find a number of trails for hiking, mountain biking or horseback riding. Visit the 'Parco Fluviale Regionale dello Stirone' (Regional Park of the Stirone creek), find your connection to nature and to changing seasons.

Experience tastes and flavors of the Emilia food and wine culture, come and discover the products of our land, and try the warm hospitality of a number traditional restaurants and agritourisms. Finally, treat yourself to a unique experience of history and poetry and visit the beautiful old dwellings of the Castles of the Duchy.





AN EXCITING JOURNEY THROUGH
TASTES AND FLAVORS
OF TRADITION



A photograph of a live music performance in a cafe. A woman is singing into a microphone, and a man is playing an acoustic guitar. A drummer is visible in the background. The scene is warmly lit, suggesting an evening event.

Discover your ideal holiday

Whatever your idea of holiday, relaxation and wellness, whether slow or on the move, whether made of shopping or culture, Salsomaggiore Terme will always surprise you.

After wellness and sport, treat yourself to an afternoon walk around the shops of the city center, or take a moment for a drink in one of the several cafes with live music evening events.

Fairs, markets, traditional festivals, cultural events, festivals, concerts and major sports events are held throughout the whole summer. Salsomaggiore is all this and much more, an emotion which is worth discovering.

We are looking forward to welcoming you for your holiday of wellness, relaxation and fun.

We are looking forward to welcoming you to Salsomaggiore.





SALSOMAGGIORE IS ALL THIS
AND MUCH MORE
AN EMOTION
WHICH IS WORTH DISCOVERING



To receive information

about your stay in Salsomaggiore and

find out about initiatives and events





City of Salsomaggiore Terme
Tourist Information and Hospitality

In order to receive all information about your stay in Salsomaggiore Terme and to find out about ongoing initiatives and events, please visit our Tourist Information and Hospitality office, located in the Warowland Gallery. We are right in the city center, just a few steps away from Berzieri thermal spa.



Emilia Romagna Region
Information
Tourist hospitality



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